Iodine is used to address a number of different eye conditions. Since iodine is a broad spectrum antiseptic, it counters fungus, bacteria, and viruses, and is used around the world to prevent blindness in newborns.

Povidone-iodine drops are often used pre- and post-surgery to keep germs out of the eyes and prevent infections. It is also a natural protectant against UV-B radiation in the eyes.

**DEFINITION**

**Iodine deficiency**

Iodine deficiency lead to hypothyroidism that cause eye symptoms include periorbital swelling and primary open angle glaucoma.

A lack of iodine can cause dry eyes.

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